



What is it?

World Vision's 30 Hour Famine is a worldwide movement of students who are serious about serving God and fighting hunger - all on an empty stomach. For 30 hours, participants get a taste of hunger by not eating - something more than a billion people around the world experience every day. And by doing fundraising activities, community service projects, and learning more about the **facts of world hunger**, students are changed in amazing ways as they help others and save lives.

Our Famine will be March 20-21. We'll start at noon on Saturday with a final meal and then finish on Sunday evening at 6pm with a meal to break the fast together. This will be a juice fast. The students will raise money by getting pledges in advance and then spend the time altogether at the church building learning about world hunger and how we can help.

Parents please inform Aaron of any medical conditions concerning your child's diet, so that we can plan to meet their needs and they can still participate.

THE WALK



Permission and Medical Release Form

Activity **30 Hour Famine**

Date of Activity **March 20-21**

I _____ give my child _____ permission to attend and participate in the **30 Hour Famine**, and I hereby give permission to **Aaron Redelsperger** to seek and authorize medical treatment for my child in the case of an emergency.

Medical information

Insurance carrier _____

Insurance policy # _____

Parent information

Parent phone # _____

Parent name _____

Parent signature _____

Please list any Medical limitations or needs below